**Morning Prayer on The Second Sunday after Trinity**

Sunday 29 June 2025 at 9.30 (call in from 9.15)

Join Zoom Meeting

https://us02web.zoom.us/j/85649430168?pwd=QzFzNytXM01TQTc5cTROaHc2aElvZz09

Meeting ID: 856 4943 0168

Passcode: 336782

**Telephone instructions:**

\* Dial: 0131 460 1196  
  
\* You are then welcomed to Zoom and asked to type in the meeting ID ie. 856 4943 0168  
  
\* If the next instruction is to add your personal ID just press # to ignore  
  
\* When passcode requested type numbers i.e. 336782 plus #.  
  
\* At this point you should be admitted to the call.****

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**Preparation**

In the name of the living God,

Father, Son and Holy Spirit.

*All* **Amen.**

O Lord, open our lips

*All* **and our mouth shall proclaim your praise.**

Jesus calls us into his presence now.  
He knows our every thought, our hopes and fears, our doubts.  
He knows we think that we are willing to follow him.  
But we don’t always realise what other agendas we have –  
things we absolutely must deal with, that hold us back.  
Today, we leave our other concerns behind.  
We focus completely on our freedom in Christ,  
on being our best selves and being kind to everyone we meet.  
**Amen.**

**A prayer of confession**

Paul tells us that we are set free for freedom,  
not to return to being bound by our old ways.  
We confess, Lord, sometimes we find that so hard.  
Sometimes the past just creeps up on us.  
When we’re not kind, when we don’t consider others,  
**forgive us, Lord. Teach us to love our neighbours as ourselves.**  
When we’re at loggerheads with someone,  
to be sure that we are right,  
**forgive us, Lord. Teach us to love our neighbours as ourselves.**  
When we don’t appreciate our freedom in Christ,  
or use it for selfish ends,  
**forgive us, Lord. Teach us to love our neighbours as ourselves.**  
**Amen.**

**Assurance of forgiveness**

God calls us to be free.  
He forgives our sins, not so we can sin again,  
but so we can serve one another, humbly, in love.  
We belong to you, Lord.  
We are forgiven and made whole. **Amen.**

**The Word of God**

First reading Galatians 5: 1, 13-25

**5**It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

**13**You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh[[a](https://www.biblegateway.com/passage/?search=Galations%205&version=NIV#fen-NIV-29176a)]; rather, serve one another humbly in love. **14**For the entire law is fulfilled in keeping this one command: “Love your neighbor as yourself.”[[b](https://www.biblegateway.com/passage/?search=Galations%205&version=NIV#fen-NIV-29177b)] **15**If you bite and devour each other, watch out or you will be destroyed by each other.

**16**So I say, walk by the Spirit, and you will not gratify the desires of the flesh. **17**For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever[[c](https://www.biblegateway.com/passage/?search=Galations%205&version=NIV#fen-NIV-29180c)] you want. **18**But if you are led by the Spirit, you are not under the law.

**19**The acts of the flesh are obvious: sexual immorality, impurity and debauchery; **20**idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions **21**and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

**22**But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, **23**gentleness and self-control. Against such things there is no law. **24**Those who belong to Christ Jesus have crucified the flesh with its passions and desires. **25**Since we live by the Spirit, let us keep in step with the Spirit.

Psalm 16

**1**Keep me safe, my God,  
    for in you I take refuge.

**2**I say to the Lord, “You are my Lord;  
    apart from you I have no good thing.”  
**3**I say of the holy people who are in the land,  
    “They are the noble ones in whom is all my delight.”  
**4**Those who run after other gods will suffer more and more.  
    I will not pour out libations of blood to such gods  
    or take up their names on my lips.

**5**Lord, you alone are my portion and my cup;  
    you make my lot secure.  
**6**The boundary lines have fallen for me in pleasant places;  
    surely I have a delightful inheritance.  
**7**I will praise the Lord, who counsels me;  
    even at night my heart instructs me.  
**8**I keep my eyes always on the Lord.  
    With him at my right hand, I will not be shaken.

**9**Therefore my heart is glad and my tongue rejoices;  
    my body also will rest secure,  
**10**because you will not abandon me to the realm of the dead,  
    nor will you let your faithful[[b](https://www.biblegateway.com/passage/?search=Psalm%2016&version=NIV#fen-NIV-14103b)] one see decay.  
**11**You make known to me the path of life;  
    you will fill me with joy in your presence,  
    with eternal pleasures at your right hand.

*All* **Glory to the Father and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning,**

**is now and shall be for ever. Amen.**

Second reading Luke 9: 51-62

**51**As the time approached for him to be taken up to heaven, Jesus resolutely set out for Jerusalem. **52**And he sent messengers on ahead, who went into a Samaritan village to get things ready for him; **53**but the people there did not welcome him, because he was heading for Jerusalem. **54**When the disciples James and John saw this, they asked, “Lord, do you want us to call fire down from heaven to destroy them[[b](https://www.biblegateway.com/passage/?search=Luke%209&version=NIV#fen-NIV-25356b)]?” **55**But Jesus turned and rebuked them. **56**Then he and his disciples went to another village.

**57**As they were walking along the road, a man said to him, “I will follow you wherever you go.”

**58**Jesus replied, “Foxes have dens and birds have nests, but the Son of Man has no place to lay his head.”

**59**He said to another man, “Follow me.”

But he replied, “Lord, first let me go and bury my father.”

**60**Jesus said to him, “Let the dead bury their own dead, but you go and proclaim the kingdom of God.”

**61**Still another said, “I will follow you, Lord; but first let me go back and say goodbye to my family.”

**62**Jesus replied, “No one who puts a hand to the plow and looks back is fit for service in the kingdom of God.”

This is the word of the Lord.

*All*  **Thanks be to God.**

*We pause to reflect on the readings before turning to prayer.*

**Hands holding up a cross

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**Prayers of intercession**

Holy Spirit, help us to bear witness to you in acts of kindness

Heavenly Father, we pray for those around us as we sit here this morning; for our sisters and brothers in Christ, gathered here in this Church. If there is any way we can show love and kindness, please make it known to us. We pray for any among us who especially need kindness at this time; for any who have recently lost a loved one; for those who struggle with health issues; (prayer list)for anybody who is finding life difficult just now, and who needs a kind word and maybe a helping hand. May your Holy Spirit aid us in our efforts to live as Jesus lived, loving our neighbours as ourselves.

Lord, we think of the community that surrounds us outside, and we pray for all the people we know, and also those we don’t, who live and work around us. In the coming week, in all our interactions with the neighbours in our streets, with those who work in local businesses or contribute to our community in any way, may we be worthy of Christ in the way we treat them. We pray that your Holy Spirit will help us to bear witness to you in acts of kindness and respect which reflect our life in Christ.

We widen our circle of prayer to take in our nation and the world. These are difficult days for all, Lord, as news of warfare fills our television screens, and we struggle along with other nations to contain climate change. Help us not to be overwhelmed by bad news, Father. Prayer is powerful. In situations where we feel helpless, to pray in the power of the Spirit is enough; to hold the world in love, and pray for peace, healing and harmony, for the balm of your love in the midst of humanity’s brokenness.

Help us to be free from despair; let us not be ensnared by fears and imaginings and become inward-looking and cynical. Christ has set us free. Therefore help us to allow the light of kindness to shine in our own small corners, to banish the darkness and let love in. In Jesus’ name, **Amen**.

Collect for the second Sunday after Trinity

Lord, you have taught us

that all our doings without love are nothing worth:

send your Holy Spirit

and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues,

without which whoever lives is counted dead before you.

Grant this for your only Son Jesus Christ’s sake,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

*All* **Amen.**

*The Lord’s Prayer*

As our Saviour taught us, so we pray

*All* **Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

### [A sending out prayer](javascript:void(0))

As we leave this place,  
help us to be beacons of kindness.  
Make us servant-hearted and help us to love our neighbours as ourselves,  
even when it’s hard.  
**Amen.**

Blessing

The Lord bless you and keep you;

the Lord make his face to shine upon you

and be gracious to you;

the Lord lift up the light of his countenance upon you

and give you peace;

and the blessing of God almighty,

the Father, the Son, and the Holy Spirit,

be among us and remain with us

and those whom we love and pray for

today and always.

*All* **Amen.**

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**What’s on ….**

**Steph Update**

Please continue to pray for Steph and her family following her major surgery. She is responding well and getting stronger each day.

**Exe Valley Community Lunches**

The next lunch is at Calverleigh Court on July 10th from 12.30pm. Please let the church office know if you will be joining us and if you need transport.

**Prayer Chain**

The Exe Valley Mission Community are starting a telephone prayer chain. If you like to be included for prayer or know someone who would like to be included, please contact the church office 01884 250417. Only first initials will be used on the prayer chain to ensure total confidentiality.

**Contacting Church Office**

Monday, Wednesday and Friday 10.00am -12 noon

Email: [office@exevalleymissioncommunity.org](mailto:office@exevalleymissioncommunity.org)

Tel: 01884 250417 or 07733949295

**Giving to the Exe Valley Mission Community**

If you would like to make a contribution to the work of The Exe Valley Mission Community please make a gift using the Exe Valley Group of Churches BACS details. Please use the reference EVMC Services.

**Account Name:** Exe Valley Group of Churches

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